

Kendall Carll, M.D. ■ Andrew Park, M.D. ■ Robert Viere, M.D. ■ Chun Lin, M.D.

NOTIFICATION OF SURGERY FOR DR. ANDREW PARK

****Surgery times are subject to change. Emily will call you the day before surgery with any changes. ****

PATIENT: Robert Plock

DATE OF SURGERY: 9/6/6

CHECK IN TIME: 6:00AM

SCHEDULED SURGERY TIME: 7:15AM

WHERE TO CHECK IN:

2nd Floor Jonsson Building
214-820-0111

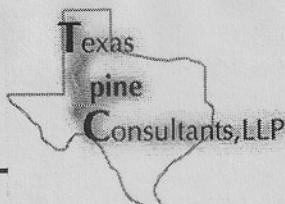
Baylor Uptown
214-443-3000

Methodist Addison
469-248-3900

1. Stop all **NSAID'S** (non-steroidal anti-inflammatory drugs) **two weeks** prior to surgery.
2. Please inform us if you are taking **any blood thinning** medications! These may be **Plavix, Coumadin, Warfarin, Aspirin, Miradon, Aggrenox, Arixtra, Persantine, Lovenox, Heparin, or Ticlid**. These medications will make you prone to bleed during surgery and need to be stopped for a while.
3. Stop using **ALL TOBACCO PRODUCTS** (cigarettes, cigars, pipes, chew, and snuff)
4. The night before your surgery please **DO NOT** take anything by mouth after midnight. This includes food, candy, water, sodas, tea, coffee, milk, juice and medicines; unless instructed differently by the anesthesiologist or Dr. Park.
5. The anesthesiologist will usually call you the night before your surgery to obtain information and your medical history. **If you will be at another telephone number other than your own the night before surgery, please let us know, so that we can give that to the anesthesiologist.** If you have not heard from the anesthesiologist by **8:00pm** the night prior to your surgery, please call:

214-389-2824 surgery is at Baylor or Baylor Uptown
469-218-0661 if surgery is at Methodist or Baylor Uptown

6. Do not wear any facial make-up, nail polish, lipstick, jewelry (rings, earrings, necklaces, etc.) to the hospital.
7. If you have any questions prior to your surgery, please feel free to call us. We will return your call as soon as possible. Sometimes this will be at the end of office hours.



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**Please read ENTIRE sheet- ALL appointments
are necessary.**

Your **Pre-Op** Appointment is 9/9 at 11:45A with Dr. Park/Emily at the
Baylor Medical Pavilion Suite #705

~~Labs/Pre-Admit with the hospital~~

~~Location: _____~~

~~Date and Time: _____~~

~~Phone: _____~~

Pre op Physical with: Dr. Christensen

Location: _____

Date and time: 9/9 @ 2pm

Phone: 214.828.5775

Baylor Methodist Will Call You to Pre-Admit (This will happen prior to your surgery, they have
until 5pm the day before surgery to preadmit you. If you have any questions re: preadmission,
please call the hospital directly)

Anterior Surgeon:

(if you are having lumbar surgery from the front)

~~Name: _____~~

~~Location: _____~~

~~Date and Time: _____~~

~~Phone: _____~~

Cardiologist:

~~Name: _____~~

~~Location: _____~~

~~Date and Time: _____~~

~~Phone: _____~~

Pre-Op Appointment Not Necessary

Your Post Operative Appointments:

Two Weeks w/ Dr. Park/Amy Sessions, PA-C/ Mark Glass, PA-C/ Linda Jackson PA-C:

10/10 @ 2pm

Six Weeks w/ Dr. Park Amy Sessions, PA-C/ Mark Glass, PA-C/ Linda Jackson PA-C:

11/13 @ 11:45am

This list needs to be stopped, if your medication is not listed, please keep taking!
STOP ALL ASPIRIN AND BLOOD THINNERS 14 DAYS PRIOR TO SURGERY!!

**Plavix, Coumadin, Warfarin, Aspirin, Miradon, Aggrenox, Arixtra, Persantine, Lovenox,
Heparin, or Ticlid**

ADVIL		ANAPROX	(NAPROXEN)
AZULFIDINE		ARTHROTEC	(DICLOFENAC)
MEDIPREN	(IBUPROFEN)	NAPROSYN	
NUPRIN		MECOLMEN	
MOTRIN		NALFON	(FENOPROFEN CALCIUM)
ANSAID	(FLURBIPROFEN)	ALEVE	
CATAFLAM	(DICLOFENAC POTASSIUM)	ORUDIS	(KETOPROFEN)
ORUVAIL	(KETOPROFEN)	CELEBREX	
CLINORIL	(SULINDAC)	RELAFEN	(NABUMETONE)
DAY PRO	(OXAPROZIN)	TALACEN	(PENTAZOCINE HYDROCHLORIDE)
DOLOBID	(DIFLUNISAL)	TOLECTIN	(TOLMETIN SODIUM)
FELDENE	(PIROXICAM)	TORADOL	(KETOROLAC TROMETHAMINE)
INDOCIN	(INDOMETHACIN)	VOLTAREN	(DICLOFENAC SODIUM)
LODINE	(ETODOLAC)	MOBIC	
METHOTRXAT		VICOPREFEN	
ARAVA		DISALCID	
ECOTRIN			
ALKA-SELTZER EFFERVESCENT TABLETS		DUOPRIN-S SYRUP	
ALKA-SELTZER PLUS COLD MEDICINE TABLETS		DURADYNE TABLETS	
ANACIN TABLETS AND CAPSULES, MAX STRENGTH		ECOTRIM TABLETS	
ANODYNOS TABLETS		EMAGRIN TABLETS	
ARTHRALGEN TABLETS		EMPIRIN TABLETS	
ARTHRITIS PAIN FORMULA TABLETS		EXCEDRIN TABLETS AND CAPSULES	
ARTHRITIS STRENGTH BUFFERIN TABLETS		4-WAY COLD TABLETS	
ARTHROPAN LIQUID		MAXIMUM BAYER ASPIRIN	
ASPIRIN TABLETS (ASA)		MEASURIN TABLETS	
ASPIRIN ENSEALS (ASA)		MIDOL CAPLETS	
ASCRIPITIN TABLTS		MOBIGESIC TABLETS	
ASCRIPITIN A/D TABLETS		MOMENTUM TABLETS	
ASCRIPITIN EXTRA-STRENGTH TABLETS		NEOCYLATE TABLETS	
ASPERBUF TABLETS		PABALATE	
ASPERGUM		PEPTO-BISMOL TABLETS AND SUSPENSION	
BAYER ASPIRIN TABLETS		PERSISTIN TABLETS	
BAYER CHILDREN'S ASPIRIN TABLETS		S-A-C TABLETS	
BAYER CHILDREN'S CPLD TABLETS		ST. JOSEPH ASPIRIN FOR CHILDREN	
BAYER TIMED-RELEASE ASPIRIN TABLETS		ST. JOSEPH COLD TABLETS FOR CHILDREN	
BC TABLET AND POWDER		SALETO TABLETS	
BUFFAPRIN TABLETS		SALOCOL TABLETS	
BUFFERIN TABLETS		STANBACK POWDER	
BUFFERIN ARTHRITIS STRENGTH TABLETS		SUPAC	
BUFFERIN EXTRA-STRENGTH TABLETS		SYNALGOS CAPSULES	
BUFFETS II TABLETS		TRIGESIC	
BUFFINOL TABLETS		URACEL	
BUFFINOL EXTRA TABLETS		VANQUISH CAPLETS	
BUF- TABLETS		VERIN	
CAMA ARTHRITIS PAIN RELIEVER			
COPE TABLETS			
CP-2 TABLETS			
DASIN CAPSULES			
DOAN'S PILLS			
DUOPRIN CAPSULES			

HERBAL MEDICATIONS- These MAY be restarted immediately AFTER surgery:

1. GARLIC
2. GINKGOBILOBA
3. VITAMIN E
4. FISH OIL



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To Whom It May Concern:

Robert Ploch is scheduled for surgery with Dr. Andrew Park/Dr. Kendall Carll 9/26/13. Please review the following information.

Listed below is your insurance information. If there are any changes that you are aware of, please notify our office immediately. Upon verification of your benefits, you may be responsible for a portion of the surgery charges. We accept **Visa, Master Card, American Express, Discover, personal checks and cash**. If there are any problems, or you have any questions, please do not hesitate to contact me at 214-370-3535.

Any payments due will be due at least one week prior to surgery or your surgery will be subject to cancellation.

Thank You,

Emily Cook
Surgery Coordinator

This is just an estimate of charges for Texas Spine Consultants only. The hospital and anesthesia will be billed separately.

Effective June 2009, Texas Spine Consultants is requiring an additional \$100 deposit for your surgery. This deposit will be applied to the assistants' fees. Due to the nature of the surgeries performed, all surgeries do require an assistant. If for some reason your insurance does pay for the assistant, then we will apply the \$100 to your co-insurance.

Insurance Information:

Insurance Carrier: UMR

Deductible: \$1000 Amount of Deductible met: \$1000 Co-Ins: 30%

Out of Pocket: \$3000 Amount of Out of Pocket met: \$10830

Assistant Deposit: \$100

Patient Estimated Responsibility: \$ 2274.01 = 30% \$100 assist fee

Bowel Preparation for Thoracic and/or Lumbar Fusions:

Many patients have difficulty with bowel regularity following thoracic and/or lumbar fusion surgery. Pain medications and changes in bowel habits following surgery can make this aspect of recovery from surgery very unpleasant for the patient.

In an effort to prevent this additional discomfort we **recommend** the following:

On the **Day Before** Your Surgery - Wednesday

- LIQUID DIET **ALL DAY** (any color jello or any flavor broth)
- 2 COLD bottles (20 Ounces total) of **Magnesium Citrate** – **BEFORE NOON** (over the counter)
- 2 capfulls of **Miralax** – **BEFORE NOON** (over the counter)

OR

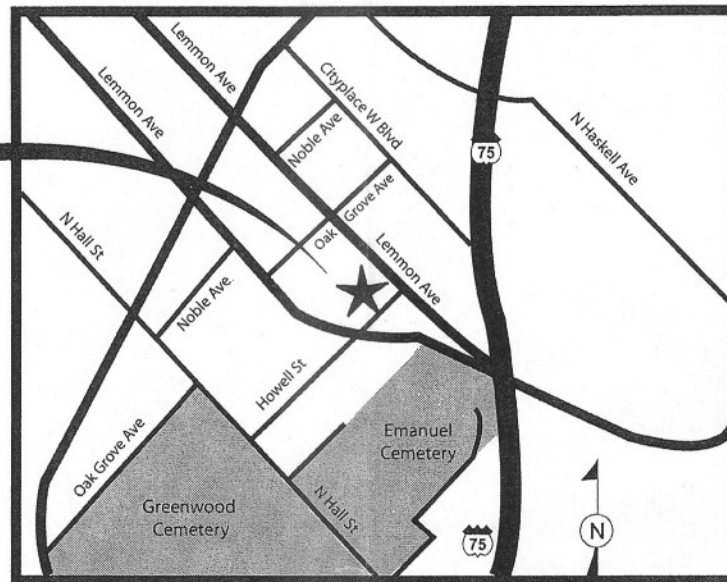
Any other regimen that has worked for you in the past is fine.

If you have any difficulty or unbearable discomfort **it is fine to discontinue with this regimen**. These guidelines are only suggestions.

**** Taking your medications is fine. If you need to eat with your medications, that is fine. Again, this is just a suggestion.****

****You should expect to be emptying your bowels regularly after this bowel prep. Do not worry, this is normal and should subside the evening before surgery****

2727 E. Lemmon Ave
Dallas, TX 75204
(214) 443-3000



FROM HWY 75: EXIT LEMMON AVE

- Northbound, take a left on Lemmon Ave
- Southbound, take a right on Lemmon Ave.
- Make a left turn on the second street on the left, Oak Grove
- Baylor Medical Center at Uptown parking lot is the second parking lot on the left (black iron fence around the perimeter)

FROM TOLLWAY: EXIT WYCLIFF

- Southbound, take a right on Wycliff
- Northbound, take a left on Wycliff
- Turn right on Lemmon Ave and go 1.3 miles
There will be an Albertson's on the left and the street behind Albertson's is Oak Grove
- Turn left onto Oak Grove and then an immediate right into the hospital parking lot (black iron fence around the perimeter)

FROM BAYLOR CAMPUS:

- Take Gaston or Worth Street to Washington street and turn left
- Follow Washington Street until you reach Lemmon Ave
- Turn left on Lemmon to go west across Hwy 75
- Turn left on Oak Grove, and left into the second parking lot on the left (black iron fence around the perimeter)

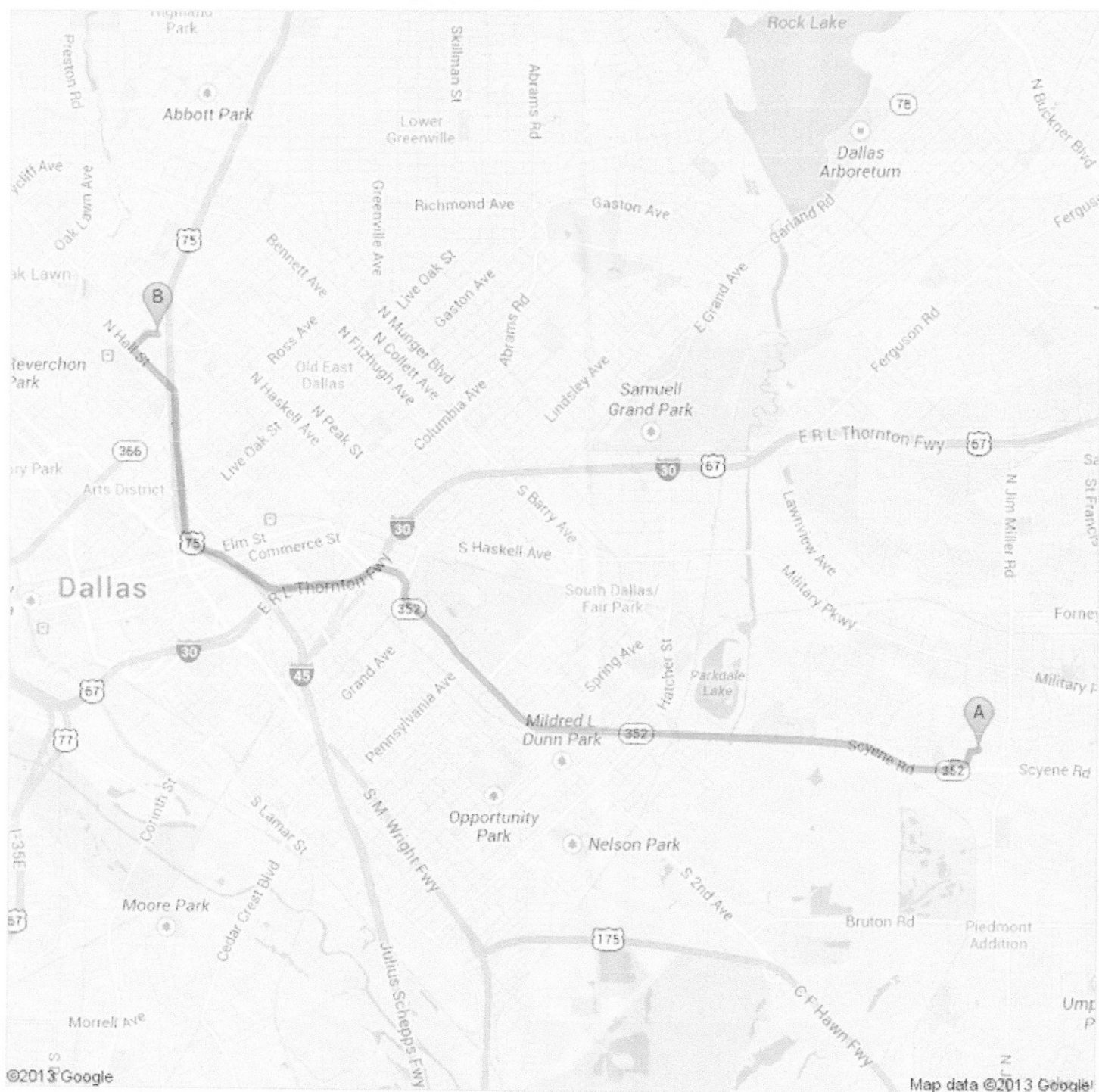
DIRECTIONS TO RECEPTION AND ADMISSIONS:

The parking lot is behind the hospital, so we prefer you enter the facility through the "Emergency" entrance. Upon entering the building, walk straight to the end of the hallway, then turn left and follow this hallway to the Reception & Admission area. The receptionist desk will be on your right.













Directions to 2727 Lemmon Ave, Dallas, TX 75204
7.4 mi – about 17 mins







6827 Latta Pkwy, Dallas, TX 75227

1. Head **west** on **Latta Pkwy** toward **E Latta Cir** go 299 ft
total 299 ft
-  2. Turn left onto **E Latta Cir** go 486 ft
total 0.1 mi
-  3. Turn right onto **Timothy Dr** go 463 ft
total 0.2 mi
-  4. Turn left onto **Nutting Dr** go 341 ft
total 0.3 mi
-  5. Take the 1st right onto **Scyene Rd**
About 5 mins go 2.6 mi
total 2.9 mi
6. Continue onto **Robert B Cullum Blvd**
About 5 mins go 1.6 mi
total 4.5 mi
-  7. Slight left to merge onto **I-30 W** go 0.5 mi
total 5.0 mi
-  8. Take exit **47B** to merge onto **US-75 N** toward **Mc Kinney**
About 2 mins go 1.5 mi
total 6.5 mi
-  9. Take exit **1A** toward **Hall St/Lemmon Ave** go 0.2 mi
total 6.7 mi
10. Merge onto **N Central Expy** go 0.1 mi
total 6.8 mi
-  11. Slight left onto **N Hall St**
About 2 mins go 0.4 mi
total 7.2 mi
-  12. Turn right onto **Howell St** go 0.1 mi
total 7.4 mi
-  13. Take the 2nd right onto **Lemmon Ave** go 381 ft
total 7.4 mi



2727 Lemmon Ave, Dallas, TX 75204

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

Map data ©2013 Google

Directions weren't right? Please find your route on www.google.com and click "Report a problem" at the bottom left.